



SEPTEMBER 2020 - 3rd Floor



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:00 Beauty Hour-3rd MPR 11:30 Exercises-3rd MPR 2:00 Armchair travels 3rd L.R. 	2 10:30 Variety Hour-3rd MPR "Baking Saskatoon Pie"  2:00 Pie and Coffee Cart-3rd 	3 10:00 Music & Massage -3rd MPR 11:30 Exercises-3rd MPR 2:00 Popsicles on the patio 	4 9:45 Coffee & Chat-3rd MPR  11:30 Movement to Music -3rd MPR 2:00 Ice Cream Cart-3rd 	5
6	7  LABOUR DAY	8 10:00 Beauty Hour-3rd MPR 11:30 Exercises-3rd MPR 2:00 Sing along video 3rd L.R. 	9 10:30 Variety Hour-3rd MPR "Bath Sponge Collaborative Art" 2:00 You Tube zoo tour 3rd L.R. 	10 10:00 Music & Massage -3rd MPR 11:30 Exercises-3rd MPR 2:00 Patio Time 	11 9:45 Coffee & Chat-3rd MPR  11:30 Movement to Music -3rd MPR 2:00 Smoothie Cart-3rd (strawberry banana) 	12
13  HAPPY GRANDPARENTS DAY	14	15 10:00 Beauty Hour-3rd MPR 11:30 Exercises-3rd MPR 2:00 Old Tyme Music Video 3rd L.R. 	16 10:30 Variety Hour-3rd MPR "Super Quiz Word Game" 1:30 Movie-3rd L.R "Little Rascals" 	17 10:00 Music & Massage -3rd MPR 11:30 Exercises-3rd MPR 2:00 Yahtzee-3rd L.R.	18 9:45 Coffee & Chat-3rd MPR  11:30 MR. SUB Lunch Club (must be signed up)  2:00 Canteen Cart-3rd 	19
20	21	22 10:00 Beauty Hour-3rd MPR 11:30 Exercises-3rd MPR 2:00 Sing along with Susie Q 3rd L.R.  	23 10:30 Variety Hour-3rd MPR "Baking Cinnamon Buns"  2:00 Parks Canada Video (Above the Rocky Mountains) and Cinnamon Bun Cart 3rd L.R.	24 10:00 Music & Massage 3rd MPR 11:30 Exercises-3rd MPR 2:00 Surprise Drink Cart-3rd 	25 9:45 Coffee & Chat-3rd MPR  11:30 Movement to Music -3rd MPR 2:00 Americas Funniest Videos-3rd L.R.	26 
27	28 	29 10:00 Beauty Hour-3rd MPR 11:30 Exercises-3rd MPR 2:00 Giant Crossword 3rd MPR 	30 10:30 Variety Hour-3rd MPR "Cleaning Patio Pots & Coffee & Baileys"  2:00 Music with Wes 3rd L.R. 			

Events & Programs are subject to change without notice.

LEGEND: BUL - Bethel United Lounge 2nd or 3rd - Multipurpose room on that floor

LR - Living Room