




















# OCTOBER 2020 - 3rd Floor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				10:00 Music & Massage -3rd MPR	10:00 Coffee & Chat -3rd MPR 	
				11:30 Exercises-3rd MPR 2:00 Armchair Travels  -3rd L.R	11:30 Movement to Music -3rd MPR 2:00 Ice Cream Cart-3rd 	
4	5	6	7	8	9	10
		10:00 Beauty Hour-3rd MPR 11:30 Exercises-3rd MPR 2:00 Sing Along Video -3rd L.R 	10:30 Variety Hour-3rd MPR "Baking Pumpkin Pie cake"  2:00 Pumpkin Pie Cake & Coffee Cart-3rd 	10:00 Music & Massage -3rd MPR 11:30 Exercises-3rd MPR 2:00 You Tube Zoo Tour -3rd L.R 	10:00 Coffee & Chat -3rd MPR  11:30 Movement to Music -3rd MPR 2:00 Smoothie Cart-3rd (Blueberry Peach) 	
11	12	13	14	15	16	17
	 <b>Happy Thanksgiving</b>  <b>No Recreation</b>	10:00 Beauty Hour-3rd MPR 11:30 Exercises-3rd MPR 2:00 Old Tyme Music Video -3rd L.R 	10:30 Variety Hour-3rd MPR "Thanksgiving Trivia"  1:30 Movie -3rd L.R 	10:00 Music & Massage -3rd MPR 11:30 Exercises-3rd MPR 2:00 Yahtzee-3rd L.R 	8:00 Pancake Breakfast Club (must be signed up)  11:30 Movement to Music -3rd MPR	<b>happy birthday</b>  Clarence Williams
18	19	20	21	22	23	24
		10:00 Beauty Hour-3rd MPR 11:30 Exercises-3rd MPR 2:00 1:1 Crib with Pam 	10:30 Variety Hour-3rd MPR Decorating Pumpkins  -3rd MPR 2:00 Underwater Scenery Video-3rd L.R	10:00 Music & Massage -3rd MPR 11:30 Exercises-3rd MPR 2:00 Surprise Drink Cart-3rd 	10:00 Movement to Music -3rd MPR 11:30 McDonalds Lunch Club (must be signed up)  2:00 Canteen Cart-3rd 	
25	26	27	28	29	30	31
	 <b>BOO!</b>	10:00 Beauty Hour-3rd MPR 11:30 Exercises-3rd MPR 2:00 One-One Visits	10:30 Variety Hour-3rd MPR "Baking Pumpkin Oatmeal Muffins"  2:00 Muffin and Coffee Cart -3rd 	10:00 Music & Massage -3rd MPR 11:30 Exercises-3rd MPR 2:00 Giant Crossword -3rd MPR 	10:00 Coffee & Chat -3rd MPR  11:30 Movement to Music -3rd MPR 2:00 Just for laughs Gags -3rd L.R	<b>Halloween</b>

Events & Programs are subject to change without notice.

LEGEND: BUL - Bethel United Lounge 2nd or 3rd - Multipurpose room on that floor L.R Living Room