






















# MARCH 2023 - 3rd Floor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 1st Perry Stadnyk 1st Richard Nolin 11th Arlene Eaton 27th Lorne Cote		1 9:30 Neil and Nancy - BUL 11:30 Exercises 2:00 Surprise Drink Cart	2 10:00 Coffee & News 11:30 Chair Yoga  1:30 One to One's	3 10:00 Exercises 11:15 Quiznos Lunch Club *Must be Signed up* 2:00 Uno/31 Card Games	4
5 3:00 Interdenominational Worship Service	6 11:00 Hymn Sing	7 9:30 Music for the Soul - BUL 11:30 Exercises  2:00 Smoothie Cart	8 10:00 Baking: Lemon Cookies 2:00 Baking Cart & 1:1 Visits 	9  10:00 Bingo 11:30 Exercises 2:00 Trivia Time! 	10 10:00 St Patty's Day Craft 11:30 Chair Yoga 2:00 Bocce Ball 	11 
12 3:00 Interdenominational Worship Service	13 11:00 Hymn Sing	14 10:00 Beauty Hour 11:30 Exercises  2:00 Long John Donut Cart	15 10:00 Baking: Mint Chocolate Cookies 10:30 RC Mass - Chapel 2:00 Baking & 1:1 Visits	16 8:00 Breakfast Club *Must be Signed up* 11:30 Exercises 1:30 Scattergories	17 10:00 Coffee & News 2:00 St. Patty's Day Celebration! 	18
19 3:00 Interdenominational Worship Service	20 9:30 Music with Wes - BUL 11:00 Hymn Sing	21 10:00 Beauty Hour 11:30 Exercises  2:00 Art/Craft 	22 10:00 Baking: Coconut Macaroons  2:00 Baking Cart & 1:1 Visits	23 9:30 Just Us - BUL 11:30 Exercises 2:00 IceCream Cart 	24  10:00 Bingo 11:30 Chair Yoga 2:00 Trivia Time!	25
26 3:00 Interdenominational Worship Service	27 11:00 Hymn Sing	28 10:00 Beauty Hour 11:30 Exercises  2:00 Hot Chocolate Drink Cart	29 9:30 DeBoyz - BUL  11:30 Exercises 2:00 Baking: Surprise Recipe	30 10:15 Resident Council Meeting 11:30 Chinese Lunch Club *Must be Signed up* 2:00 Canteen Cart 	31 10:00 Coffee & News  11:30 Chair Yoga 2:00 Yahtzee!	

LEGEND: BUL - Bethel United Lounge 1st, 2nd, 3rd - Multipurpose room on that floor LR - Living room

Events & Programs are subject to change without notice.